Chemical Peel Information

WHAT IS A CHEMICAL PEEL?

A chemical peel is a procedure in which specific chemical agents are applied to the skin that is wrinkled, scarred, or otherwise damaged. A solution is applied to the skin, which causes the skin to eventually peel, leaving a smoother surface. Chemical Peeling is a technique used to improve the appearance of the skin. In this treatment, a chemical solution is applied to the skin, which causes it to separate and eventually peel off. The new regenerated skin is usually smoother and less wrinkled than the old skin. The new skin is also more even in color.

WHY SHOULD YOU GET A CHEMICAL PEEL?

Cosmetic indications for the use of chemical peel include wrinkles caused by aging, sun damage or hereditary factors; superficial acne scarring; and irregular pigmentation of the skin, including melasma, freckles or age spots. Therapeutic indications for this type of surgery are precancerous conditions such as keratosis (thick, rough, reddish growths).

HOW ARE CHEMICAL PEELS PERFORMED?

The procedure can be performed on the face, neck, chest, hands, arms, and legs. Superficial, medium, or deep chemical peels may be used to improve damaged skin. As a rule, the deeper the peel, the longer the recovery time. Your dermatologic surgeon will recommend the best peel for your skin problems.

ARE THEY PAINFUL?

As the chemical is applied to the skin, there is a slight burning sensation which persists for 10 to 30 minutes. Although it is not necessarily painful, some patients have expressed some discomfort.

WHAT RESULTS CAN I EXPECT?

It is expected that there will be improvement but not complete removal of the fine lines and wrinkles of the face as well as the overall texture and tone of the skin. Depending on the type of chemical peel you and your esthetician select, each on targets a desired result and is best for particular skin types.

ARE THERE ANY POSSIBLE RISKS WITH PEELS?

Complications are very uncommon with a chemical peel. However, they are possible. The most common complication is peeling in some areas. It is unlikely but possible that depending on the depth of the peel it can result in scarring.

*Please see back of sheet for details on specific peels*
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## BETALIFT PEEL

The beta lift is a light peel with beta-hydroxyl acid specifically targeted for those with oily skin or prone to acne. This peel has no down time. Beta peels gently exfoliate dead skin layer, leaving behind a healthy youthful glow. Beta peels can be used to gently even skin tones, and improve overall skin complexion, and help fight acne and acne discoloration left from conventional treatments alone.

## GLYCOLIC PEEL

Glycolic acid is probably the most common alpha hydroxy acid and has the reputation of being one of the safest forms of alpha hydroxy acid. Glycolic acid gently exfoliates the skin to reduce brown spots, acne scars, blemishes, fine line and wrinkles and reveal a brighter complexion. We can customize and tailor the strength of this peel to your personal needs and skin type.

## VITALIZE PEEL

This helps fight the effects of time, sun and environmental damage in just minutes. With this treatment you will see visible improvement after one treatment; and significant results after a series of treatments. This has little to no downtime and is suitable for all skin tones and complexions.

## RE-VITALIZE PEEL (CONTOUR’S OWN)

A slightly deeper peel than the Vitalize® Peel, this peel contains retinoic acid. It helps even pigmentation problems, reduces acne scarring, reduces wrinkles and overall enhances your appearance with softer, smoother skin.

## GLYTONE ENERPEEL EL- FOR EYES AND LIPS

Gentle enough for the delicate area around the eyes and lips. Benefits of Eye Peel: Reduction of fine lines and wrinkles, reduction of dark circles, tightens skin laxity in eyelid droop, lightens actinic hyper pigmented lesions.

## VI PEEL

This peel is our superficial aggressive peel. You will see clearer, fresher skin in just 5 days. This peel will help with skin tone and as well stimulate collagen to help with fine line and wrinkles.

## MELANGE PEEL

If you have melasma or significant areas of dark hyperpigmentation or scarring our private label Melange peel offers dramatic results. It’s great for all skin types. Healing takes about five days, we also have a mini version with less downtime.

## TCA PEEL

TCA peels are intended to reach a medium depth layer of your skin. They are often used to treat fine surface wrinkles, superficial blemishes, pigment problems and shallow scars. TCA peels are more aggressive than glycolic peels, and are only performed by a medical provider.