

## Fraxel (Restore) Information

Fraxel is the only FDA approved device to treat melasma. With today's emphasis on active, healthy lifestyles, most men and women feel a lot younger than they look. Aging and sun-damaged skin; acne scarring, wrinkles, and fine lines around the eyes, and brown spots often mask their inner beauty.

### HOW DOES IT WORK?

Fraxel Laser Treatment repairs the skin, spot by spot, targeting pigment irregularities such as melasma, sun spots, age spots, and can also treat acne scarring. This "fractional" treatment allows the skin to heal much faster than if the entire area were treated at once, using the body's natural healing process to create new, healthy tissue to replace skin imperfections.

### HOW MANY FRAXEL TREATMENTS WILL I NEED?

Clinical studies suggest that on average, an effective treatment regimen is 3 to 6 sessions spaced about 4 weeks apart. Depending on your condition and schedule, you and the physician may choose to space treatment sessions further apart. Results are immediate and progressive, with optimal improvement usually visible in 2 to 3 months. This time frame and treatment structure allow for complete healing and the production of new collagen and elastin to replace damaged tissue.

### IS THERE ANY DOWNTIME?

During the first 24 hours after treatment, your skin may feel like it's sunburned, and it will appear pink or red. You can wear make-up to reduce the sunburned appearance. Your skin will naturally bronze over the next week or two, and as you continue treatment, the sunburned-to-bronzed appearance will repeat. As with a sunburn, your skin will flake and exfoliate normally. Use a moisturizer to reduce the appearance of dry flakes.

Follow your physician's advice on wound care, which is essential for your skin to heal properly. Wear sunscreen of SPF 30 or higher, avoid direct sun exposure for at least 3 months after your last treatment, and wear a wide-brimmed hat when you're in the sun.

### DOES THE FRAXEL TREATMENT HURT?

Most patients describe a "prickling" sensation during treatment, but can feel moderate to severe discomfort. To minimize discomfort, topical anesthesia is applied before the procedure and cold air is used on the treatment area during the procedure. After the treatment, most patients feel like they have a sunburn, which usually diminishes in 1 to 3 hours.

### WHAT ARE THE FDA CLEARANCES?

Fraxel repair SST laser has received FDA clearance for many indications on and off the face, including:

- Rhytides
- Pigmented lesions
- Moderate to severe wrinkles and furrows in lax skin
- Fine lines
- Textural irregularities