

Hair Transplant Information

Baldness and thinning hair can undermine your self-confidence and make you look and feel older than you actually are. Dr. Timothy Jochen is a specialist in hair restoration and a leader in the field of medical dermatology and cosmetic surgery. He performs the latest techniques in hair transplant surgery throughout his widespread Southern California practice.

WHAT IS A HAIR TRANPLANT?

Dr. Jochen and his team at Contour Dermatology recognize the personal nature of hair loss and offer the very latest in customized solutions. Upon scheduling a consultation at one of Contour's offices – Dr. Jochen is also available via Skype – rest assured you'll receive a thorough evaluation and a treatment plan devised especially for you. Innovative hair restoration techniques including Follicular Unit Extraction (FUE) and Follicular Unit Transplantation (FUT) are available as well as non-surgical treatment options. If you have healthy hair growth on the sides or back of your head, this can serve as donor hair and make you an excellent candidate for hair restoration surgery.

WHERE DO YOU PLACE THE HAIR?

What really sets Dr. Jochen apart is the compelling degree of artistry he brings to each and every hair restoration case. Many factors come into play when designing a natural hairline. There are ethnic variations to be considered as well as different types of peaking. Most people also have small hairs scattered in front of their hairline, and hair growth changes direction depending upon the area of the scalp. These are all details Dr. Jochen pays close attention to when sketching in the hairline and implantation pattern he anticipates creating for you during your procedure. Our goal is to create, a natural looking appearance because we believe it is more important than density.

ABOUT THE PROCEDURE

Hair Transplant is a minor outpatient surgery that simply relocates existing hair follicles from the donor site to the balding area. There are two common methods used for removing hair to be transplanted: it can be removed in small clusters of hair (typically 1-5 hairs), or hair maybe removed in long strips near the bottom of the hairline.

SAFE SYSTEM FUE: Follicular Unit Extraction is a new technique that helps minimize scars in the donor area and reduces healing time. Specifically, this technique selects the follicular unit to be removed, the punch is then placed over the follicular unit and a small circular incision is made approximately half way down the unit's hair shafts. Next, the unit is grasped and extracted from the surrounding skin.

TRADITIONAL STRIP GRAFTING: The advantage of the second method is that it provides the physician with more hair to cut and mold into different-sized grafts. A donor strip of skin is removed from the donor area and the opening is closed. The donor strip is then cut into grafts, micro graft, or single follicular unit. The surgical technicians then isolate individual hair follicles from the donor strip, and implant them to the graft region.

Once implanted, this hair will continue to grow just as it did before. The hair will not thin or die unless hair in the region of the head from which it was taken also thins or dies. The procedure takes about 6 to 8 hours depending on the number of grafts. There will be a fine scar on the donor area that can be easily covered up with surrounding hair.