

Mini Facelift/Platysmal Plication (Extensive Neck Lift) Information

Drawing upon his 15 years as a Board Certified Dermatologist, Dr. Timothy Jochen performs mini facelifts in Contour Dermatology's own private surgical suite. He did his mini facelift training with renowned surgeon Dr. Henry Baylis, Founding Chief of Oculoplastic Surgery at UCLA. Dr. Jochen is also an Assistant Clinical Professor at the University of Southern California in Los Angeles.

WHAT IS A MINI FACELIFT?

When the face in the mirror belies the youthful person underneath, a mini facelift can be just the solution. As years pass and skin elasticity declines, the mid and lower facial areas are especially vulnerable to sagging. Jowl formation can be a particular problem. aging a person unnecessarily.

Mini Facelift's are a minimally invasive, outpatient procedure utilizing local anesthesia whisks the same year's away but with far less risk and at a more affordable cost. Downtime is also considerably reduced. A mini facelift pulls back sagging skin and underlying muscle tissue in the lower two-thirds of the face.

HOW LONG DOES THE PROCEDURE TAKE & WHERE IS THE PROCEDURE DONE?

A Mini Facelift typically takes 1.5-3 hours and if done with Platysmal Plication (extensive neck lift) it can take up to 3.5-4 hours in our AAAASF suite.

WHAT CAN I EXPECT IMMEDIATELY AFTER A MINI FACELIFT?

Immediately after a Mini Facelift you should expect moderate swelling. Due to the nature of the procedure we also require you must make arrangements for transportation home following the surgery. Overnight care is required to stay with you for the first 24 hours.

IS THE NECK LIFT DONE AT THE SAME TIME?

While the mini facelift tightens the lower cheeks, jowls and partial upper neck, we also offer the extensive neck lift, also known as Platysmal Plication, which will complete the freshening process. Some have loose saggy skin due to the Platysmal muscle on each side of the neck separating and creating prominent folds. At Contour Dermatology, Dr. Jochen performs neck lifts with platysmal plication to address these problems. The ideal situation, if needed, is to combine a mini facelift with a neck lift to realize greater savings, fewer incisions and less downtime.

WILL THERE BE A SCAR?

One of the big advantages of the mini facelift is the relatively small size of the necessary incisions compared to those associated with traditional facelifts. Dr. Jochen pays special attention to the incisions he creates in the course of a mini facelift, building in time to neatly position them around the ears and taking care to suture them so they're virtually invisible. The overall result is as cosmetically appealing as possible.