# Vibradermabrasion Information

Vibradermabrasion is a form of microdermabrasion. This intense exfoliation treatment gives you safer, more effective results than microdermabrasion.

## WHAT IS VIBRADERMABRASION?

Vibradermabrasion is superficial abrasion technique which creates a more youthful and vibrant appearance. It dramatically improves the tone and texture of your skin, literally from HEAD to TOE.

## HOW DOES IT WORK?

The Vibradermabrasion machine uses a vibrating textured surface that removes layers of damaged skin, revealing more radiant, luminescent and healthy looking skin. Clinical studies have shown that Vibradermabrasion treatments exfoliate the skin and produce new collagen.

## WHAT DOES IT TREAT?

Exfoliation helps improve fine lines and wrinkles as well as spots, mild acne scarring, dullness, pore size and oil/dry skin.

## DOES IT HURT?

Treatment is painless and many patients describe it as feeling pleasant and relaxing.

## WHY CHOOSE VIBRADERMABRASION OVER MICRODERMABRASION?

Vibradermabrasion is faster and more comfortable than most traditional forms of microdermabrasion. Patients can also expect less redness and irritation following this treatment.

## WHAT AREAS CAN BE TREATED?

Vibradermabrasion can be used to exfoliate and to stimulate the collagen in your face, arms, chest, back, legs, hands, and/or feet.

## CAN ANYONE HAVE THIS TREATMENT?

Yes, Vibradermabrasion is safe for all skin types and often recommended for pregnant women.

## HOW OFTEN CAN I RECEIVE TREATMENTS?

It is ideal to have this treatment monthly for best results.