

~ Twice as Cool . . . Twice as Fast! Contour Now Offers Dual CoolSculpting ~

CoolSculpting is one of the most popular treatments we offer at Contour Dermatology. So much so, that we recently purchased a second CoolSculpting device. What this means is we can now offer you Dual CoolSculpting – which cuts your treatment time in half for treatments of more than one area.

Each CoolSculpting treatment lasts one hour. So before, it would take two hours - one hour per side for a "love handles" type treatment, for example. Now you can have one device cooling one side and the other CoolSculpting cooling panel attached to the other side and tah dah! You're done in an hour. This is definitely the cooler, more convenient way to go!

reduce fat that is FDA approved and there's no downtime. After the treatment, the fat cells accumulate at the surface in a "butter stick" type collection which is then eliminated by the body through lymphatic drainage over the new few days. The results are permanent with maintenance of a healthy lifestyle.

"I've always had a pooch," said Diane Schroeder. "I am so glad I did CoolSculpting. My stomach is flat now. It's flat!"

CoolSculpting is recommended for people who have stubborn areas or pockets of fat that have been resistant to diet and exercise – areas such as "muffin tops," "love handles," belly fat, flanks, "bra fat," and fat on the outer and inner thighs.



(L-R) Esthetician Adriana Ortiz, MA and Melinda Miranda present Contour's second CoolSculpting machine.

For those of you who are new to CoolSculpting, what it does is freeze fat cells – approximately 25% of fat cells in a single treatment – with cooling technology developed by Harvard scientists. It's an effective non-surgical way to

To schedule a consultation to learn more about CoolSculpting and to see if it's right for you, please call (760) 423-4000.

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