~ Staff Product Pick Jose Lopez Recommends TNS Ultimate Daily Moisturizer ~



In this issue of The Skinny, we thought we'd let you read about a product recommendation from one of the men at Contour. Jose Lopez joined Contour Dermatology in 2012. He's just one of our friendly medical assistants who delights

in helping patients have a comfortable and satisfying experience at Contour.

As you can see from his photo, he's got a great complexion to go with his friendly smile. As a guy, Jose is more of a "no-frills, just-the-basics" skin care profile, but he probably takes better care of his skin than most men his age — partly due to his knowledge of skin care and exposure to quality products at Contour.

Jose's favorite product available at Contour Dermatology is Skin Medica's TNS Ultimate Daily Moisturizer which has an SPF of 20. Jose starts his day with Obagi #1, a gentle cleanser. Next he applies the TNS Ultimate Daily Moisturizer. At night he uses Retinol which has an 0.25% formulation of Retin-A. Unless he's going swimming or at the beach, the TNS Ultimate Daily Moisturizer is the only sunscreen he uses.

"The TNS Ultimate Daily Moisturizer has growth factors, emollients and sunscreen. It's three in one," he said. "That's why I love it. It goes on very smooth. I like the consistency of the vehicle. It doesn't feel heavy. In fact, it doesn't feel like I have any product on. I love that feeling that it just absorbs into you skin and works."



Jose's skin is normal to dry and he finds that this is a great moisturizer for this skin type. "I've recommended this to many patients and they all seem to really like it, too," Jose said.

Because the TNS (tissue nutrient solution) Ultimate Daily Moisturizer contains a proprietary

blend of over 100 growth factors, it does have a light scent that Jose says you get used to and it dissipates quickly after application.

As part of his studies at Kaplan College, Jose externed at Contour Dermatology. It was an immediate fit and following graduation, he was invited to join the team full time. What he says he likes best about his work is, "I like the atmosphere and working with great people and meeting great patients from all over the world. "That's the most amazing part of working here."

~ Raising a Toast to Professional Development ~ Contour Staff Enjoys Toastmaster

Since this past June, the Contour team has been participating in Toastmaster as part of their Thursday staff meetings. Each month, different members present their 4-6 minute ice breaker speeches to share with fellow staff about what interests them. It's been a great way to enhance communication skills as well as a good time of bonding to continue to make Contour Dermatology a cohesive team.



(L-R) Courtney Raymond and Adriana Ortiz, MA



(L-R) Sarah Groves, Anne Marie Johnson and Jessy Balesteri



(L-R) Courtney Raymond and Executive Director Lee Erwin